

Phone: 07793 407848

Website: www.info@getonboarduk.com



# News from Get on Board and the Local Champions

Carol and two champions, Dawn and Angela went to an Open University day with some students.



The champions talked about their experiences of working with social workers in the morning sessions. In the afternoon they helped students practice their communication skills and told them how they could improve.



Some of the really good things the Open University said were:

- Inclusion in the interview process immediately helped the candidates to relax and to feel more natural and at ease throughout
- Feedback from students highlights how important it is to learn from people's experiences



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 We really value the way in which working with members of Get on Board has enhanced student's experiences and we look forward to continuing to build on this in the future



Local Champions say what improvements can be made to the railway at Wellingborough



The champions took part in a consultation run by AMEY. This is the company that are looking at rail improvements in Wellingborough. The champions gave some good ideas to Warren Murphey who came all the way down from Scotland!



Some of the ideas included things like making sure there is a Changing Place.



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Are you a Carer for someone with a learning disability?
Do you want to have your say about what are the best things a single service should do?



The CCG, NHFT and NASS are working together to create a single learning disability service.



One of the things they want to do is meet with carers of people with learning disabilities to tell them:

- what they have done so far
- what their plans are, and
- to see what Carers would most value from a single service.



There is information on the next page with all the dates and places where carers can go along and take part.



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## Northamptonshire Learning Disability

#### Service

Do you care for somebody with a learning disability?







Northamptonshire Healthcare NHS



#### Northampton

21/05/19 Elgar Centre, 1A High 2 - 4pm street, Upton, NN5 4EN

Moulton Community Centre 21/05/19 6 - 8pm The Reedings, Sandy Hill,

NN37AX

#### We

listened to you.

> Come and find out what we have done.

#### Towcester

22/05/19 Riverside centre

2 - 4pm and Islington Road, Towcester NN12 6AU

5 - 7pm

#### Kettering

23/05/19 Cornmarket Hall, 40 London Road, NN15 7QA

2 - 4pm

23/05/19 Sudborough House, St Mary's Hospital,

6 - 8pm 77 London Road NN15 7PW

#### Wellingborough

24/05/19 Tithe Barn, Tithe Barn Road, 10 - 12am Wellingborough, NN8 1BN

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Please contact Dawn on 07825 301850 to book "Working Together, Improving Lives"



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#### From one parent to another.....

#### Please read this; it affects you & your child

Hi,

I probably don't know you, but we have something in common, we are both parents or carers of a child or young person with special needs. We are all reliant on the services, treatments, equipment, clubs, activities, schools, SENCo, healthcare & social professionals that are available in the county. These services are monitored & reviewed constantly so the Commissioning Groups & Service Providers <a href="mailto:should">should</a> listen to parent's views about them.

My daughter is 17, she was diagnosed at 6 months, yet I know my opinion has never been considered because I have never been asked. Last year when a particular service was under threat, I approached the NCC to give my opinion. Lesley Hagger, former Director of Children's Services, wrote to say that the ONLY parental input considered on any matter, is via the parent forum group.

Now I can't say that I hadn't heard of the NPFG from somewhere amongst all the information that I was bombarded with over the years, but I didn't appreciate their role and I didn't think they were relevant to me. Besides, in my world, my child is unique, what on earth would I need to join a forum for? I struggled to come to terms with my child's needs then, I couldn't possibly think of the future! I didn't realise that quite simply they are **our** voice – for good things as well as bad, in fact, the reason we have some of the services & facilities we have.

In Northamptonshire there are 3858 children aged 18 & under and 252 young people aged 19 to 25 who have an EHCP, and many more without a plan. Collectively that is potentially an amazingly loud voice.

You may already be a member of NPFG and that's brilliant; but you may be a former member who didn't confirm your wish to continue after GDPR, or not yet a member. Although there is always room for volunteers to take active roles in the group, that's not what I'm asking you to do. **My plea is for every parent to join to ensure that your opinion is heard either through the closed Facebook group & on occasion, through surveys.** In return, you can be sure that your opinion will count, and you will receive regular updates on how the NPFG are representing you.

Please visit <a href="http://npfg.co.uk/ebulletin-registration.php">http://npfg.co.uk/ebulletin-registration.php</a> to sign up today. Please note it is a 2-part process. Once you have completed the online registration you will receive an email with instructions to validate your membership.

Thank you for reading this,

Trudie





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# **Long Buckby Practice Invites You**

To Our 6th Annual

# Carers' & Veterans' Tea & Coffee Afternoon

On Wednesday 12th June

At Long Buckby Community Centre

2pm – 3.30pm



Come and meet other carers, have tea, coffee & cake, get advice, raffle, and see what services are available from the Practice, Northamptonshire Carers and other organisations

Northamptonshire ...

Carers





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## Carers Week 2019

Carers Week is an annual campaign to raise awareness of caring, highlight the challenges carers face and recognise the contribution they make to families and communities throughout the UK.

The campaign is brought to life by thousands of individuals and organisations who come together to organise activities and events throughout the UK, drawing attention to just how important caring is.

The date is 10th – 16th June 2019, you can find out about what Northamptonshire Carers are doing on their website:

https://www.northamptonshirecarers.org/Pages/Events/Category/carers-week-2019

Information about events is being added all the time and Northamptonshire Carers is happy to include things that others are doing as well. They have a dedicated Carers Week Newsletter going out in the middle of May ready for the week.

